

## ABSTRACT

An apparatus to be used to practice golf shots in limited space. A golf ball is tethered to one end of a line and the other end of the line is secured to a support which is calibrated to indicate the distance the ball would have traveled, when struck by a golf club, if the line were not secured to the support. The system includes an energy absorption device to control and limit the movement of the line through the system as the ball is struck.